

EARTHQUAKE safety

MONTHLY
SAFETY
BRIEF
January 2002



Are you ready for an Earthquake?

Here's what you can do to prepare for such an emergency.

EMERGENCY KITS:



- ★ FRESH BATTERIES + WATER
- ★ FULLY STOCKED

Know
what to
do when the
shaking
begins.



☑ Drop, Cover, and Hold On! Move a few steps to a nearby safe place. Stay indoors until the shaking stops and you're sure it's safe to exit.

☑ Stay away from windows.

☑ In a high-rise building, expect the fire alarms and sprinklers to go off during a quake.

☑ If you are in bed, hold on and stay there, protecting your head with a pillow.

☑ If you are outdoors, find a clear spot away from buildings, trees, and power lines. Drop the ground.

☑ If you are in a car, slow down and drive to a clear place (as described above). Stay in the car until the shaking stops.

